Dear Friends,

What do you think of when you hear the word fragility? For many, the word conjures images of darkness and desperation. The fragile settings where Relief International works are too often defined by a narrative of crisis—of war, violence, or disaster—that drowns out all other versions of reality.

While it is true that 2019 was another year of conflict, insecurity, and strife, these challenges did not define the year. Quieter though it may be, the untold stories of perseverance are no less important—even if we have to look a bit harder to find them.

We are proud to present our 2019 Annual Report, which showcases the life-changing work of Relief International’s teams in the world’s most fragile settings—and the impact of generous support from individuals, foundations, corporations, and governments.

During my tenure on the Board of Relief International, I am constantly reminded that it is the people we serve who have the most insight into what they need, providing incredible models of what true courage, perseverance, and, above all, hope, looks like amidst crisis. When I visited our programs in Jordan, along with other board members, I met a group of strong young women living in Za’atari camp, home to about 80,000 Syrians who have been driven from their country by war. The girls treated us to a poetry reading—each reciting an original poem about their home town, which they were forced to abandon.

Despite our not speaking Arabic, the tears running down their cheeks and the raw power of their emotion spoke volumes. We viscerally understood how disruptive and traumatic their childhoods had been, and how they appreciated the security and stability offered by education centers and other safe spaces that Relief International seeks to support. In their willingness to be vulnerable and to share their stories, we could perceive their fierce connection to home and their determination to forge a better life.

This experience and the powerful stories shared in this year’s Annual Report are among those that inspire Relief International’s Board of Directors to support this vital work. At the same time, we also understand that a certain degree of risk is unavoidable.

At Relief International, we choose to work in communities where the needs are greatest, which often are also rife with environmental, logistical, and security challenges. We take this governance role exceptionally seriously, and never more so than in the era of COVID-19, when the mere act of going outside carries its own inherent risk.

We can expect that the gap between humanitarian needs and the provision of aid will widen as the true toll of displacement of populations, natural disasters, and the rampant spread of disease.

When I think of what it will take to end fragility, I recall my trip to Afghanistan last year. While I was there, I met with about a dozen mullahs, or religious leaders, many of whom had attended previous trainings on gender equality organized by Relief International. Sitting among these men, I listened to them talk about how the trainings on women’s economic empowerment, ending child marriage, and challenging gender norms had shifted their behavior at home and work.

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One of the greatest challenges of our time is to prevent fragility from undermining hard-won progress in the fight to end extreme poverty, inequality, and other global development concerns.

Yet, an estimated 46 percent of the world’s poor are expected to live in areas characterized as fragile or conflict-affected by the year 2030. At Relief International, we are urgently working to prevent this chilling projection from becoming reality.

This is why we have chosen to work in some of the most challenging contexts in the world, finding promise and potential amid the devastation born of conflict or natural disasters. It’s here where we find glimmers of hope that our decades-long fight against fragility is working—often in the unlikeliest places and in the most subtle ways.

In 2019, Relief International provided more vital services than ever before. Our teams responded daily to challenges that transcend borders and boundaries through the displacement of populations, natural disasters, and the rampant spread of disease.

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With 2030 looming, we cannot afford to lose this laser-like focus on our mission to end fragility, in all its forms, once and for all.

We cannot afford to lose this laser-like focus on our mission to end fragility, in all its forms, once and for all. The stakes are too high for people in Afghanistan, and in other fragile settings including Syria, Yemen, and Somalia.

We could not do this important work without the steadfast support of our donors. And to anyone interested in contributing to this life-changing work, we urge you to join us. In the fight against fragility, we have never needed you more.
Our Commitment To Ending Fragility

At Relief International, we work in 16 of the world’s most fragile settings. When crisis strikes—whether it’s a natural disaster, a renewed rise in violence, or a major disease outbreak—our teams are there, ready to respond.

For more than 60 years, we have delivered critical aid and development programs where the need is greatest, often when conditions on the ground make it hardest to do so. It is in these fragile settings that our programs have the most power to transform people’s lives.

Fragile settings are not defined by devastation and struggle, and the people who live there are not victims. Where some might see weakness, we find resilience in the face of unimaginable adversity.

Relief International doesn’t just commit for the here and now. We remain in fragile settings for as long as we are needed. Even after a crisis fades from the news headlines, our work still continues. Of the 16 countries where Relief International operates, we have worked in 13 for more than a decade.

Relief International’s 7,300 staff members and auxiliary volunteers partner with families living in extremely difficult circumstances, supporting them with emergency services to meet their most urgent needs while also working together towards long-term, sustainable solutions to water and sanitation, healthcare, education, and economic challenges. Because our staff are based in the communities they serve, they can more easily respond in times of crisis and help design and implement locally-owned programs whose effects will continue long after our involvement ends.

In 2019, Relief International provided more vital services than ever before in fragile settings across:

AFRICA
2.43M SERVICES
GHANA / SOMALIA / SOUTH SUDAN / SUDAN / UGANDA

ASIA
2.26M SERVICES
AFGHANISTAN / BANGLADESH / IRAN
MYANMAR / PAKISTAN / PHILIPPINES

MIDDLE EAST
2.62M SERVICES
IRAQ / JORDAN / LEBANON
SYRIA / TURKEY / YEMEN

Our teams cross a flooded dirt road to reach a health clinic in northeastern South Sudan. Ariel Gardner
In March, Iranians celebrate Nowruz, or the beginning of the Persian New Year. It is a time for Iranians to partake in family traditions, delicious foods, and street performances.

In 2019, the month-long celebration took a tragic turn.

The rains began on March 16 in the northeastern province of Golestan and a week later inundated the southwestern provinces of Lorestan and Khuzestan, bordering Iraq. The rains quickly turned catastrophic, submerging 28 of Iran’s 31 provinces.

At least 10 million people were directly affected by the floods, and two million required humanitarian assistance to recover. An estimated 396,000 people were forced to leave their homes—and some will never be able to return.

As life slowly returns to normal, Relief International is still present, doing the hard but necessary work of reconstructing schools, healthcare facilities, and infrastructure to support families as they rebuild their lives stronger than before.

This latest disaster set the country back decades in its development as entire villages were washed away. The harvest had been due in three weeks’ time but instead crops, fields, and equipment were largely destroyed.

Relief International was among the first international nonprofit organizations on the ground in Golestan, Kermanshah, Sistan-Baluchistan, Khuzestan, and Lorestan provinces. In Lorestan, which received the highest flood alert, our teams travelled by boat to reach a remote village of 350 people, cut off from emergency services after the bridge connecting to the main road was washed away.

Many villagers had built their homes along the banks of the river after five years of drought—all were damaged or destroyed by the flood waters. Our teams immediately began providing hundreds of families with urgent supplies, including hygiene kits packed with soap, toothbrushes, water storage containers, among other items. These critical supplies helped to keep families healthy and safe, but as the floodwaters subsided, many communities struggled to get back on their feet. We quickly conducted additional assessments to provide a roadmap for recovery for villagers in flood-affected communities.

Our long-term efforts involved the use of multi-purpose cash transfers for those who lost their homes, schools, farmland, and livestock. For six months, Relief International provided 3,000 families with debit cards loaded with 15,720,000 Iranian rials, or roughly $120 USD.

In one village, a young man with disabilities said he would use the funds to pay for an operation to prevent the amputation of his leg. In another, a mother said she wanted to build a safer shelter for her children. And, an elderly man shared that he will buy food for his family, which they had not had enough of since the floods.

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Difficult Delivery: Providing Healthcare and Hope for Mothers in the Midst of Conflict

After a relatively easy pregnancy, Kadija Al-Qadri* could not wait to hold her youngest child in her arms. Once in labor, her excitement gave way to fear when she learned that her baby was transverse, or positioned horizontally.

In Yemen, this diagnosis can be deadly. While many babies are positioned sideways during pregnancy, few remain this way when labor begins.

As one of the leading providers of healthcare in Yemen, Relief International medical teams have routinely seen the most severe maternity cases because of women’s limited access to primary healthcare and prenatal services.

The grinding six-year-long war in Yemen has shuttered the country’s healthcare system as hospitals and health clinics have been damaged or destroyed by fighting. The country’s remaining health facilities are severely under-resourced, suffering from shortages of essential drugs, medical staff, and basic equipment.

Without access to critical resources, the lives of millions of patients remain in a precarious balance—with mothers and their children bearing the brunt of the crisis.

Given her family’s severely limited means, Kadija could not afford prenatal care and did not see a doctor during her pregnancy until she went into labor. Fortunately, her brother had heard from other community members about an obstetrics ward run by Relief International at the local district hospital. Kadija’s husband and brother worked quickly to arrange for a car to transport Kadija there for immediate care.

Relief International established the ward at the Amran district hospital in early 2019 to improve the availability of maternal health services for approximately 90,000 women living in this fragile pocket of the country.

KADIJA NAMED HER NEW DAUGHTER AMAL, WHICH MEANS “HOPE,” A SYMBOLIC WISH FOR A BETTER LIFE FOR HER FAMILY AND FOR HER COUNTRY.

Once Kadija arrived at the hospital, our team immediately prepped her for an emergency cesarean section. Much to her family’s relief, the operation was a success. Her newborn daughter was placed in the hospital’s first incubator installed by Relief International just hours earlier.

Kadja named her new daughter Amal, which means “hope,” a symbolic wish for a better life for her family and for her country.

Amal was one of the lucky ones, brought into the world in a safe, properly-equipped hospital and cared for by a team of highly skilled medical staff. Yet, with no foreseeable end to this conflict, she will face unimaginable hardships over the course of her life in Yemen.

More than Medicine: A Look at How Prosthetics Provide a Brighter Future for Refugees

After a devastating airstrike destroyed his home in 2015, Sayid Ahmad* knew he had to leave his community in Idlib, Syria, behind for safety in neighboring Turkey.

“My wife was killed, and my youngest daughter Malika* was left paralyzed,” says Sayid. “That was the worst day of my life.”

Three-year-old Malika was hit by fragments of artillery shelling in her spinal column, paralyzing her from the waist down, and her five sisters were also injured. Sayid and his daughters left Syria that very day and spent three months recovering in a public hospital in Turkey, where they were referred to a specialized physical rehabilitation center supported by Relief International.

In a simple building located just over a mile from the Syrian border, Relief International supports a health center through our local partner, the National Syrian Project for Prosthetic Limbs. This center, which is staffed mostly by Syrians, specializes in providing prosthetic limbs and physical therapy to refugees with permanent, war-related injuries.

Malika and her sisters are among the more than 20,000 children who have been killed or injured during Syria’s nearly decade-long civil war. The conflict has forced an estimated 11 million people to flee their homes, resulting in the largest mass displacement crisis since World War II.

More than one and a half million people in Syria are currently living with permanent impairments, including over 80,000 who have lost limbs.

Despite the circumstances that surround it, the center is an uplifting place. Every day, Relief International’s expert staff works to rehabilitate patients both physically and emotionally, with the ultimate goal of improving their quality of life.

Through grit and determination, Malika is making good progress towards recovery after weeks of physical therapy, and has even started to attend school.

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Malika and her father attended a physical therapy session at a center supported by Relief International in Turkey. RI/Rachel Elkind

Through grit and determination, Malika is making good progress towards recovery after weeks of physical therapy, and has even started to attend school. She receives new leg braces and physiotherapy, allowing her to stand up temporarily, and has a new wheelchair. Her father has learned from our clinic’s staff how to best care for her needs as they rebuild their life in Turkey.

“I can see her health starting to improve with the physical therapy sessions she receives here,” shares Sayid. “She’s even starting to smile again.”
The crisis in Darfur first erupted into intense fighting in 2003, triggering an escalation that would sink the region into a deep humanitarian crisis. As the situation has deteriorated, more than two million people have been forced from their homes across the country.

Since 2004, Relief International has been providing lifesaving healthcare to displaced families in North Darfur. In the early days, our staff operated out of makeshift open-air shelters and plastic tents, with medications stacked on plastic tables serving as an impromptu pharmacy. Centers where nutrition groups met had to be rebuilt twice each year as the sun, wind, and rain took their toll.

Rowida Hassan can recall the first waves of displaced people who flocked to the outskirts of her hometown to escape the violence. She can still picture a few hundred hastily-erected houses, made of sorghum stalks, plastic tarpaulin, and grass mats. That cluster has now grown to more than 200,000 households, forming the area known as Zamzam camp.

In 2005, Rowida joined Relief International as a nutrition officer to educate mothers about malnutrition. “It’s shameful to see a child die of malnutrition,” Rowida shares. “But I’m part of doing something about it.”

Relief International is now the sole provider of healthcare and water, sanitation, and hygiene services in the camp. We have also expanded to serve both the host communities and Zamzam residents, with 30 static and 9 outreach clinics in North Darfur.

Over the past fifteen years, Rowida has seen firsthand how Relief International’s health facilities are saving lives and helping curb the cycle of crisis and despair.

She recalls a 24-year-old mother named Aziza, who when she learned she was pregnant with her fourth child, stopped nursing her 18-month-old son, Adam. Shortly thereafter, Adam’s weight plummeted.

At Rowida’s urging, Aziza brought Adam to a center operated by Relief International, where our medical team determined that the child suffered from severe acute malnutrition. At just over 12.5 pounds, he was half the average size of a healthy child his age.

Our staff closely monitored Adam’s weight while he received a 60-day supply of Plumpy’Nut, a peanut-based paste used to treat acute childhood malnutrition. Within a few weeks, he gained nearly five pounds, resulting in a noticeable fullness in his face.

Adam and Aziza’s story is just one of hundreds that Rowida can recall. Recently promoted to senior nutrition manager, she believes access to good health services is essential to begin to pull the Darfur region out of crisis and end fragility there—no matter who you are or where you are from.

“This is my community. We are all Sudanese,” says Rowida. “We need to help each other.”

**BLUE NILE STATE: THE FORGOTTEN CRISIS**

Though dwarfed by the dire situations in neighboring Darfur and South Sudan, the Blue Nile state of Sudan is home to one of the world’s forgotten crises. Situated along the country’s southeastern border, the area has known war for more than 60 years.

The humanitarian situation in Blue Nile State is characterized by mass displacement, a situation further exacerbated by the evacuation of all aid organizations since 2011. The ongoing conflict has exposed communities in already vulnerable areas to food insecurity and malnutrition.

In 2019, the security situation in Blue Nile State stabilized enough that humanitarian organizations could resume operations in this fragile corner of the country.

Building on our longstanding history in the country, Relief International teams immediately stepped up in Blue Nile state, and are now providing healthcare and nutrition services to refugees, displaced from their homes, and local Sudanese families. We operate five static health facilities, two primary healthcare centers, and three basic health units to restore communities’ access to these critical services.

Our teams are also working to integrate life-saving nutrition services with hygiene promotion campaigns and upgrades to health facilities and other critical infrastructure. In this way, we are working with these communities to start them on their path out of fragility.
The natural beauty of Lebanon’s Bekaa Valley cannot mask the dire humanitarian needs of the Syrian refugee families who have sought safety here. This fragile pocket of the country shelters more than 350,000 Syrian refugees, 71% of whom live below the poverty line and survive on less than $3.84 per day.

Relief International provides unconditional cash assistance to support people like Yara Al-Karim*, a 23-year-old single mother of three who fled Syria in late 2014 after an airstrike destroyed her family’s home. The family’s journey from their home in Idlib to Lebanon was a harrowing, two-month ordeal. They slept in fields to avoid being detected by airstrikes and scaled massive boulders in the pouring rain before clambering down a steep hillside to reach Lebanon.

A few weeks after arriving in Bekaa, Yara’s husband gave her an ultimatum: either return with him to Syria or get a divorce. She chose to remain in Lebanon for her children’s safety. Only after he left did Yara discover she was pregnant with their third child.

Now, she is the sole provider for her family. Monthly cash transfers from Relief International provide her with support to care for the needs of her three children, her brother who suffers from epilepsy, and her elderly parents. Cash transfers are increasingly recognized as the most efficient and transparent way to send relief to those who need it most, particularly in fragile settings where conflict or natural disasters can thwart people’s ability to provide for their most basic needs. In Lebanon, Yara and others enrolled in the program receive a debit card loaded with $175 each month for a minimum of eight months. There are no conditions attached—families have full autonomy to prioritize whatever they need most.

*“Without this card, I don’t know what my situation would be—or what I would have done,” Yara shares.

These photos offer a glimpse into Yara’s daily life and how the cash assistance she receives from Relief International serves as a lifeline for her family’s welfare as they work to create a better life after fleeing war.
A Relief International health worker reads out appointment times outside a clinic in rural Somalia.

Innovative partnerships make a difference.

A Thank You to Our Supporters

Relief International extends its deepest gratitude to our donors whose steadfast support helps us provide hope, dignity, and a path forward for people whose lives have been disrupted by overwhelming fragility.

The commitment of our supporters—including individuals, corporations, foundations, and governments—provides critical funding that equips our teams on the ground as they respond to breaking emergencies, expand to new countries and regions, and provide life-changing opportunities for people in need. This support is also what enables our teams to help those living in the world’s most fragile settings to recover and rebuild their lives—for as long as we are needed.

Relief International is honored to acknowledge members of our President’s Council, Leader’s Council, and Patrons program who supported the organization in 2019.

For refugees who have lost everything, including their homes, livelihoods, and even loved ones, Relief International offers food, protection, and pathways for rebuilding their lives.

The organization’s commitment to serving refugees and people living in fragile settings closely aligns with the values of my clothing brand, which is why my company donates 20% of our profits and uses social media to raise money from our followers to support their life-changing mission. Together, Seek Refuge’s partnership with Relief International works to create a world where we all can lead a meaningful life, free from violence, fear, and discrimination. Every purchase works to bring us closer to that ideal.”

—Shazia Ijaz, Founder, Seek Refuge

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It can be difficult to visualize the fragile settings where Relief International works. Words alone simply cannot convey the strength of the people who live in these places and the obstacles they must overcome just to meet their basic needs.

That is why, in October 2019, Relief International launched its dynamic new website, ri.org, providing a new window into the fragile settings where we work through powerful photography, community voices, and country profiles. Collectively, these features create a richly immersive experience that allows users to explore the places in which Relief International operates and connect more deeply with our mission: to end fragility in all of its forms.

On the new ri.org, you can:

- Glimpse a behind-the-scenes look at our work and those we serve through the site’s photo slideshow feature. Frame by frame, you can follow the journey of an Afghan mother of two who, with Relief International’s support and against all odds, started her own business after living as a refugee for 14 years in Iran.

- Journey into the countries where we work through firsthand stories from people coping with fragility. Throughout the new site, participants in our programs share riveting stories of defying expectations, becoming community leaders, and planning for a brighter future.

- Review the methodology behind how we measure progress. A new data-driven section on our impact will show you how.

The Launch of the Redesigned RI.org

A NEW WEBSITE FOR RELIEF INTERNATIONAL

VISIT THE NEW RI.ORG TODAY to meet the people that drive our work and learn more about the ways in which you can support our life-changing programs in the world’s most fragile settings.
COVER: A Rohingya refugee child looks at the view from a hill at Unchiparang refugee camp, near Cox’s Bazar, Bangladesh. REUTERS/Tyrone Siu

DESIGN: SPRINGTIDE STUDIO